You are invited to join the...

UNE Legacy Scholars Program



Where generations learn & grow together online and in person...



INVITATION

The Center for Excellence in Aging & Health invites adults, aged 55+ years, from Maine and elsewhere, to join with our students, faculty and staff in shared scholarship and service in support of healthy, meaning-filled aging.

LEGACY SCHOLARS

Legacy Scholars are willing to participate as subjects in research stnM

g as a Legacy Scholar involves volunteering for at least one research n a given 3-year period. Time commitments can vary from a few hours ar to a few hours per week based on individual preference.

olars support aging-related research at UNE by:

Does it cost anything to join?

Membership is <u>free</u>. Scholars cover their own travel to in-person classes, study appointments, and events.

How does it benefit volunteers?

Scholars help to advance research at UNE, and lessons from this work may improve the lives of others. sX d iAme Friendly" Family

and are invited to online lectures, discussion groups, and on-campus events throughout the year.

*** Legacy Scholars are free to say "no" to any research or other activity that does not correspond with their time, energy, or interest. ***

What's the first step?

dlesson

Prospective Scholars complete the initial registration form (on reverse) or online. A more detailed registration

> process follows within a few days; this includes a consent form and completion of the first annual survey on personal health and wellness.



TINNER STATE OF THE SAME THE SAME THE AND T

<u>UNE Legacy Scholars Program</u> — Initial Registration Survey

Becoming a Legacy Scholar is a two-step process:

- (1) You indicate your interest by providing your name, contact information, and a little about you. This information is reviewed by Dr. DeSilva, and you will be assigned an unique ID number as a new Legacy Scholar.
- (2) Final Registration occurs a few days later. You will receive an online link by email (or a paper packet to your home if you choose) which explains the commitment to support research at UNE and a consent form to review. If you are comfortable proceeding and sign the consent, the next step is to complete your first annual survey on personal health and wellness. Your answers will help Dr. DeSilva with relevant studies. All personal information you provide is kept confidential.

Once final registration is complete, new Scholars begin receiving our monthly newsletter and invitations for open studies, attending events, recording a life story, etc.

*** I want to join the UNE Legacy Scholars Program. I understand that I can change my mind about participation at any time. I will call Dr. DeSilva at 207-221-4567 if I have any questions.

Today's Date:	Your Age:		Gender:
First Name:	MI:	Last Name: _	
Address:			
City:		State:	Zip Code:
Daytime Phone: ()			Is this your?CellLand Line
Email:		N	Years of Education (HS = 12):
Marital Status:MarriedPartr	nered	Widowed	_Divorced/SeparatedSingle
Race:			

Center for Excellence in Aging & Health (CEAH) 716 Stevens Avenue, Attn. Dr. M. DeSilva, Portland, ME 04103 mdesilva1@ une.edu; 207-221-4567 Form Updated 5/30/24